



**Galway Rape
Crisis Centre**

SERVICES FOR SEXUAL
TRAUMA & ABUSE

The Lodge, Forster Court, Galway, 091-564800

Psychological Support Team Application Form

**Please read the separate Information Pack before filling in
the application form.**

How do I send in your application?

Applications and enquiries by email only to:

pstmanager@grcc.ie

Closing Date Friday the 4th of July 2025

Please send your typed application as an attachment in PDF format.

Data Protection

Please note that application forms will be kept on file for the duration of the application process, if your application is successful, only relevant details will be held on file by the Psychological Support Team Manager for the duration of your volunteering and will be treated in accordance with GRCC privacy policy and data protection policy.

APPLICATION FORM
PSYCHOLOGICAL SUPPORT TEAM TRAINING

Name:

Address:

Occupation:

Date of Birth:

Age:

E-mail:

Telephone:

Mobile:

Training Dates

Starting date August 9th

Ending date October 12th

10 days training each day is 9am to 4pm

Commitment to the training is a required 100% attendance.

Training Dates 2025

August Saturday the 9th & Sunday the 10th

August Saturday the 23rd & Sunday the 24th

September Saturday the 13th & Sunday the 14th

September Saturday the 27th & Sunday the 28th

October Saturday the 11th & Sunday the 12th

Important Please Read And Answer By typing 'Yes' or 'No'

- I am willing to make myself available to attend all 10 training days.

- I am willing to attend 10 sessions of Psychotherapy with an accredited therapist, starting and finishing alongside the training days, at my own cost.

- I can commit to minimum of two years of service starting from the end of the training.

- I have read the [Information Pack](#) and I understand what is involved in the Psychological Support Team role.

- Do you give permission for the use of your phone number and email address by the GRCC for the purpose of training and volunteering?

How did you hear about us?

Please tick as appropriate or add in.

Word of mouth

From someone who did this training before

From someone who works in the GRCC

Facebook

Instagram

Advertiser

Galway Volunteer Centre

Galway Bay FM

Activelink

Other, which was

Please use as much space as you need for each answers.

- 1. What is your motivation to apply for the role of Psychological Supporter at Galway Rape Crisis Centre?**

- 2. Please list any relevant experience from your own life. (For example, being a carer or supporting a friend emotionally.)**

- 3. Please describe the challenges in this situation and how you dealt with them.**

- 4. What did you gain from the experience?**

- 5. Please list any relevant volunteering or professional experience you may have.**
- 6. What were the challenges in this role and how did you deal with them?**
- 7. What did you gain from the experience?**
- 8. Have you any experience of personal work? (i.e. Have you attended Psychotherapy, used body work, workshops, group work or any other form of healing work).**
- 9. How many sessions of this work did you attend approximately of each therapy?**
- 10. What do you feel you gained from the experience of personal work?**
- 11. During the training days, we ask trainees to undertake a minimum of 10 hours' personal psychotherapy at their own cost.**

Are you in a position to do this and are you willing to make this commitment?

- 12. What do you feel you would gain for personal psychotherapy?**
- 13. What is your definition of sexual violence?**
- 14. Why do you think sexual violence happen in our society?**
- 15. What would your response be to a woman who had become pregnant as a result of rape?**
- 16. What do you think you would gain both personally and/ or professionally from volunteering in the role of Psychological Supporter?**
- 17. What are some of the challenges you think you may face in this role?**
- 18. What do you think it may be like for you supporting someone in the immediate aftermath of sexual assault or rape?**

19. Please give a personal statement (approximately 300 words) why you think you would be suitable for this role and also addressing your potential challenges in this work.

Alongside this application, please provide two written references including their contact details, from referees who have known you in a professional, volunteering, learning or community setting vouching for your suitability for this role.

Attach your references to this form, labelling them clearly with your name.

Availability for interview

If you were called for an interview of 30-45 minutes' duration, please indicate below during which time slots are preferable to you. We will try and accommodate you where possible when allocating interview times.

Time	Monday	Tuesday	Wednesday	Thursday
Morning 9.30am to 1.00pm				
Afternoon 2.00pm to 5.00pm				

Your signature: _____ Date: _____

Please Attach your Application and Two References

to an email and send to:

pstmanager@grcc.ie