



# Galway Rape Crisis Centre

SERVICES FOR SEXUAL  
TRAUMA & ABUSE

The Lodge, Forster Court, Galway, 091-564800

## Psychological Support Team Application Form

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**Please read the separate Information Pack before filling in  
the application form.**

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### How do I send in my application?

Applications and enquiries by email only to:

[pstmanager@grcc.ie](mailto:pstmanager@grcc.ie)

**Closing Date Friday 8<sup>th</sup> September 2023**

**Please send your typed application as an attachment in PDF format.**

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#### Data Protection

Please note that application forms will be kept on file for the duration of the application process, if your application is successful, only relevant details will be held on file by the Psychological Support Team Manager for the duration of your volunteering and will be treated in accordance with GRCC privacy policy and data protection policy.

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**APPLICATION FORM  
PSYCHOLOGICAL SUPPORT TEAM TRAINING**

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**Name:**

**Address:**

**Occupation:**

**Date of Birth:**

**E-mail:**

**Telephone:**

**Mobile:**

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**Training Dates**

September 2023

10 days training.

**Commitment to the training is a required 100% attendance.**

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**Important Please Read And Answer By typing 'Yes' or 'No'**

- I am willing to make myself available to attend all 10 training days.

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- I am willing to attend 10 sessions of Psychotherapy with an accredited therapist, starting and finishing alongside the training days, at my own cost.

\_\_\_\_\_

- I can commit to minimum of two years of service starting from the end of the training.

\_\_\_\_\_

- I have read the [Information Pack](#) and I understand what is involved in the Psychological Support Team role.

\_\_\_\_\_

- Do you give permission for the use of your phone number and email address by the GRCC for the purpose of training and volunteering?

\_\_\_\_\_

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### How did you hear about us?

Please tick as appropriate or add in.

Word of mouth

From someone who did this training before

From someone who works in the GRCC

Facebook

Instagram

Advertiser

Galway Volunteer Centre

Galway Bay FM

Activelink

Other, which was



**8. Have you any experience of personal work? (i.e. Have you attended Psychotherapy, used body work, workshops, group work or any other form of healing work).**

**9. How many sessions of this work did you attend approximately of each therapy?**

**10. What do you feel you gained from the experience of personal work?**

**11. During the training days, we ask trainees to undertake a minimum of 10 hours' personal psychotherapy at their own cost.**

**Are you in a position to do this and are you willing to make this commitment?**

**12. What do you feel you would gain for personal psychotherapy?**

**13. What is your definition of sexual violence?**

**14. Why do you think rape and sexual assault happen in our society?**

**15. What would your response be to a woman who had become pregnant as a result of rape?**

**16. What do you think you would gain both personally and/ or professionally from volunteering in the role of Psychological Supporter?**

**17. What are some of the challenges you think you may face in this role?**

**18. What do you think it may be like for you supporting someone in the immediate aftermath of sexual assault or rape?**

**19. Please give a personal statement (approximately 300 words) why you think you would be suitable for this role and also addressing your potential challenges in this work.**

**Alongside this application please provide two written references including their contact details, from referees who have known you in a professional, volunteering, learning or community setting vouching for your suitability for this role.**

**Attach your references to this form, labelling them clearly with your name.**

**Availability for interview**

If you were called for an interview of 30-45 minutes' duration, please indicate below during which time slots are preferable to you. We will try and accommodate you where possible when allocating interview times.

Time	Tuesday	Wednesday	Thursday
Morning 9.30am to 1.00pm			
Afternoon 2.00pm to 5.00pm			

**Your signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Please Attach your Application and two References**

**to an email and send to:**

**[pstmanager@grcc.ie](mailto:pstmanager@grcc.ie)**